

commissioned by and dedicated to Renaissance Men

# Psalm 121 (I lift my eyes to the hills)\*

*I lift my eyes to the hills; from where is my help to come?  
My help comes from the Lord, the maker of heav'n and earth.  
He will not let your foot be moved; and he who watches o'er you will not sleep.  
Behold, he who watches o'er Israel shall neither slumber nor sleep.  
The Lord himself watches o'er you; the Lord is your shade at your right hand,  
so that the sun shall not strike you by day, nor the moon by night.  
The Lord shall preserve you from all evil; it is he who shall keep you safe.  
The Lord shall watch o'er your going out and your coming in from this time forth for evermore.*

The Psalter  
The Book of Common Prayer

Music by Patricia Van Ness (1951)  
Score rev. 25 May 2017  
\*from MUSIC FOR THE PSALMS,  
dedicated in its entirety to Peter Sykes

Note: As seamless as possible; stagger breathing as needed.

$\text{♩} = 80$

match cresc. with others when entering in bar 2

mf

Tenors 1 & 2

mf

Tenor/Baritone

mf

Bass

I lift my eyes

I lift my eyes

I lift my eyes

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**7**

f

T. 1 & 2

f

T./Bar.

f

B./B.

to the hills from where is my help, my help to come?

to hills where my help my help come?

to the hills where my help help to come?

**A**

$\text{♩} = 65$

13 *mf*

T. 1 & 2  
8 My help comes from the Lord, the

T./Bar.  
8 My help comes from the Lord, the

B./B.  
8 My help comes from the Lord, the

21 *mp*

T. 1 & 2  
8 ma - ker heav'n and earth. He will

T./Bar.  
8 ma - ker of heav'n and earth. He will

B./B.  
8 ma - ker of heav'n and earth. He will

28 *mp*

T. 1 & 2  
8 not let your foot be moved and he who watch - es o'er

T./Bar.  
8 not let your be moved and he who watch - es o'er

B./B.  
8 not foot moved and he watch - es o'er

**B**

35 *mf*

T. 1 & 2  
8 you will not sleep. Be - hold he who keeps

T./Bar.  
8 you will not sleep. Be - hold he who keeps

B./B.  
8 you not sleep. Be - hold he who keeps

a2 *mf*



42

T. 1 & 2  
8 watch\_ o'er Is - ra - el, shall nei - ther slum - ber, nor

T./Bar.  
8 watch Is - ra - el shall nei - ther slum ber nor

B./B.  
8 watch o'er Is - ra - el, shall slum - ber

*mf*

49

T. 1 & 2  
8 sleep. The Lord him- self\_ watch- es o'er\_

T./Bar.  
8 sleep. The Lord him - self\_ o'er

B./B.  
8 sleep. The Lord

*mf*

57

T. 1 & 2  
8 you; the Lord is your shade at your right hand; so that the

T./Bar.  
8 you; The Lord shade at hand so that the

B./B.  
8 you; The Lord at hand; so

65

T. 1 & 2  
8 sun shall not strike you by day nor the moon

T./Bar.  
8 sun shall not strike you day the moon

B./B.  
8 sun shall not strike day nor moon

*mp*

72 **E** *mf*

T. 1 & 2  
by night. The Lord shall preserve you from

T./Bar.  
by night. The Lord shall pre-serve you from

B./B.  
night. The Lord shall pre-serve you from

79 **F**

T. 1 & 2  
all e - vil; it is he who

T./Bar.  
all all e - vil; it is he who

B./B.  
all e - vil; it is he, he who

86 **G** *mp* ♩ = 80

T. 1 & 2  
shall keep you safe,

T./Bar.  
shall keep safe, Lord watch o'er

B./B.  
shall keep you safe, The Lord shall watch o'er

93 *mf* *f*

T. 1 & 2  
8 your go - ing out com - ing in from this time

T./Bar. *mf* *f*  
8 your go - ing out com - ing in this time

B./B. *mf* *f*  
— your go - ing out and com - ing in this time

98 *mf*

T. 1 & 2  
8 forth for - ev - er - more.

T./Bar. *mf*  
8 forth for e - ver - more.

B./B. *mf*  
8 forth for e - ver - more.